

# LEAVE NO TRACE PRINCIPLES of OUTDOOR ETHICS



## SHARE OUR TRAILS

People have a range of skill levels and different ideas about how to enjoy the outdoors. Respect others so that North Carolina's natural spaces will be welcoming and relaxing for all.



FROM YOUR BACKYARD TO YOUR BACKCOUNTRY



For more information please contact the Leave No Trace Center for Outdoor Ethics at [www.LNT.org](http://www.LNT.org) or call 1.800.332.4100





### **PLAN AHEAD AND PREPARE**

North Carolina is home to endless opportunities for outdoor recreation. Before you travel, learn about your destination, its regulations and safety matters.

### **STICK TO TRAILS AND OVERNIGHT RIGHT**

Keep to designated trails and durable surfaces to protect trailside plants. Camp at existing or designated sites.



### **TRASH YOUR TRASH**

Pack it in, pack it out. Place all trash in garbage bags and carry it home. Food scraps, cigarette butts and other litter can take years to decompose and are unhealthy for wildlife.

### **LEAVE IT AS YOU FIND IT**

North Carolina is home to an amazing diversity of indigenous plants and animals. Snap a picture instead of picking flowers, gathering shells and collecting pine cones.



### **BE CAREFUL WITH FIRE**

If you choose to have a fire, check on regulations, secure a permit if needed and keep the fire small. If allowed, gather wood from the ground instead of breaking branches from trees. Buy firewood locally to avoid bringing in invasive species.

### **KEEP WILDLIFE WILD**

From black bears and wild horses to salamanders and birds, all wildlife should be treated with respect in the natural areas you are visiting.

